JUNE PILATES GROUP REFORMER CLASSES

At times, Instructor substitutions may be necessary.

All reformer classes are fee based. Space limited, sign up now to reserve you spot!

	Monday	Tuesday	Wednesday	Thursday	
AM 7:00	Beginner/ Intermediate Level Reformer 7:00am - 8:00am		Beginner/ Intermediate Level Reformer 7:00am - 8:00am	Beginner/ Intermediate Level Reformer 7:00am - 8:00am	
7:30	Dena 6/18 CLASS CANCLLED 6/25 SUB PATRICIA		Dena 6/27 CLASS CANCELLED	Rocio 6/14 SUB DENA 6/21 CLASS CANCELLED	
8:00					Beginner Level Reformer 8:00am -9:00am Dena
8:30			*Class sign ups available online at OakwoodAthleticClub.com		6/15 & 6/22 & 6/29 CLASS CANCELLED
9:00		Intermediate/Advance Level Reformer ABS & Lower body			
9:30	Reformer All Levels 9:30am - 10:30am	9:00am - 10:00am <i>Rocio</i> 6/19 SUB DENA	Reformer All Levels 9:30am - 10:30am	Intermediate Level Reformer 9:30am - 10:30am	
10:00	Dena 6/18 CLASS CANCLLED 6/25 SUB PATRICIA	Intermediate Level Reformer 10:00am - 11:00am	Dena 6/27 CLASS CANCELLED	Rocio 6/14 SUB CAROL 6/21 CLASS CANCELLED	
10:30	Advance Level Reformer 10:30am - 11:30am Carol	Rocio	Intermediate/Advance Level Reformer 10:30am - 11:30am	Intermediate/Advance Level Reformer	Intermediate/Advance Level Reformer 10:30am - 11:30am
11:00		Dena 6/27 CLASS CANCELLED	10:30am - 11:30am <i>Carol</i>	Dena 6/15 & 6/29 SUB CAROL 6/22 CLASS CANCELLED	

Reformer Class Cancellation Policy: Kindly give 24 hours notice if you are unable to attend your class to avoid a \$15 late cancel fee or a \$30 no show. After a grace period of 10 minutes your spot will become available for a waiting member and you will be charged with a \$30 no show fee.

All Pilates classes are 55 minutes in length. The last 5 minutes of class are reserved for cleaning the reformer and returning equipment

^{*} All wait list participants can be enrolled up to 1 hour before class start time*